

KFL End of Season Relays and Presentation - 18th March 2007

Our end of season relay race took place in bright sunshine at a freezing cold and windswept Swanley Park on Sunday. With competing attractions on the day (including Mothering Sunday) we only mustered 21 full teams with a bit of mixing and matching, but the 2.3 mile route round the park was in good condition for running.

With the rules requiring the first leg to be competed by lady members of the team, it was a bit of a shock to see a bloke in an Ifield vest leading the pack round. Simon Parrin, appearing in an all-male Istead team, set the pace with an opening lap time of 14.59 and was followed in shortly by Elaine Murty (Dartford Harriers A) who led the official teams in. Cathy Harvey had a strong start for the Medway and Maidstone team, but was overhauled in the second half by Nicola Susans leading off for Larkfield AC who was, in turn, passed just before the handover by Zoe Harris heading Istead's official team.

Murty handed over to Daniel Pyne, who set out with half minute advantage over Medway's Clayton Barrett at the start of the second leg. By the end of the circuit, the gap was reduced to 7 seconds and the two were lying first and second. Further back in the field, Sam Coombes started the second leg for the Dartford Harriers B team in 12th place, but passed 9 runners in the process of setting the 2nd fastest time of the day (13.20) to hand over to Stuart Waterman in 3rd place.

Medway had supervet Phil Wallace on the third leg and, chasing down Dartford A runner Tony Durey and he managed to convert a deficit of 7 seconds into a lead of the same margin by the end of the lap. Waterman held his position for the Dartford B team, while Rob Shaw brought Paddock Wood from 7th into 4th place with a 13.35 lap.

The fourth leg belonged to 15 year old Amy Smith running for Dartford's A team. In setting the fastest female lap of the day, she extended Dartford's lead to nearly 2 minutes. Jason Marchant (Dartford B) successfully caught and passed Stuart Nice to hand over in 2nd place, but this left only 10 seconds covering the second and third teams and everything to run for in the final leg. Back in fourth place, Andy Rackham had brought the Sevenoaks team into the top 4.

With league champion Andy Pickett setting out on his anchor leg with a substantial lead, he merely had to avoid falling over or going off course to ensure a team victory. In the event, he set the fastest time of the day (13.11) to bring the team home with a winning advantage of 2 minutes. This was Dartford Harriers' third successive victory in this annual event. The second place battle turned into a real nail-biter, with Josh Nice (Medway & Maidstone) chasing Frank Kilama (Dartford B). Nice (13.20) pulled back 6 seconds on Kilama, but it was not quite enough to take the runners up spot which Dartford secured by just 4 seconds.

Many thanks to Swanley and District AC (Mike Baron in particular) for organising this relay – and for all those who turned out to help. It was good to see that the call for marshals and helpers amongst the clubs was heeded and we had plenty of support around the route, despite the fact that it was just extremely cold for those standing around for 1½ hours ! The presentation afterwards was also well attended and we had a good spread of food provided out of our League funds.

Finally, thank you once again to all those who have supported our league throughout the winter and have helped or taken part in any way. I have to apologise and say that I can no longer print certificates for every runner who has done 5 races – there are just too many. However, I have some runners "pen profiles" which I have still to write up and will publish them shortly. If anyone has constructive suggestions for improving the way we run this competition, please let me know – also if your club wants to host one of the race meetings at a new venue.

See you all next October !

Rob Bright

KFL End of season relay event

Swanley - 18th March 2007

Race No	Team	Order	Name	M/F	Lap time	Total time	Lap Pos
271	Dartford Harriers 'A'	1	Elaine Murty	F	0:15:22	0:15:22	2
272	Dartford Harriers 'A'	2	Daniel Pyne	M	0:13:53	0:29:15	1
273	Dartford Harriers 'A'	3	Tony Durey	M	0:14:58	0:44:13	2
274	Dartford Harriers 'A'	4	Amy Smith	F	0:14:17	0:58:30	1
275	Dartford Harriers 'A'	5	Andy Pickett	M	0:13:11	1:11:41	1

Race No	Team	Order	Name	M/F	Lap time	Total time	Lap Pos
481	Dartford Harriers 'B'	1	Ruth Ward	F	0:17:20	0:17:20	12
482	Dartford Harriers 'B'	2	Sam Coombes	M	0:13:20	0:30:40	3
483	Dartford Harriers 'B'	3	Stuart Waterman	M	0:14:29	0:45:09	3
484	Dartford Harriers 'B'	4	Jason Marchant	M	0:15:13	1:00:22	2
485	Dartford Harriers 'B'	5	Frank Kilama	M	0:13:26	1:13:48	2

Race No	Team	Order	Name	M/F	Lap time	Total time	Lap Pos
381	Medway & Mdstn AC	1	Cathy Harvey	F	0:15:55	0:15:55	5
382	Medway & Mdstn AC	2	Clayton Barrett	M	0:13:27	0:29:22	2
383	Medway & Mdstn AC	3	Phil Wallace	M	0:14:44	0:44:06	1
384	Medway & Mdstn AC	4	Stuart Nice	M	0:16:26	1:00:32	3
385	Medway & Mdstn AC	5	Josh Nice	M	0:13:20	1:13:52	3

Race No	Team	Order	Name	M/F	Lap time	Total time	Lap Pos
351	Sevenoaks AC 'A'	1	Carol Beadle	F	0:17:37	0:17:37	14
352	Sevenoaks AC 'A'	2	David Lee	M	0:15:03	0:32:40	10
353	Sevenoaks AC 'A'	3	Chris Desmond	M	0:14:40	0:47:20	6
354	Sevenoaks AC 'A'	4	Andy Rackham	M	0:15:09	1:02:29	4
355	Sevenoaks AC 'A'	5	David Ives	M	0:13:51	1:16:20	4

Race No	Team	Order	Name	M/F	Lap time	Total time	Lap Pos
301	Padd Wood AC	1	Sue James	F	0:18:24	0:18:24	19
302	Padd Wood AC	2	James Ridger	M	0:13:36	0:32:00	7
303	Padd Wood AC	3	Rob Shaw	M	0:13:35	0:45:35	4
304	Padd Wood AC	4	Lionel Stielow	M	0:17:27	1:03:02	7
305	Padd Wood AC	5	Steve Roberts	M	0:13:40	1:16:42	5

Race No	Team	Order	Name	M/F	Lap time	Total time	Lap Pos
451	Swanley & Dist AC 'A'	1	Stephanie Wood	F	0:17:18	0:17:18	10
452	Swanley & Dist AC 'A'	2	Simon Robertson	M	0:16:15	0:33:33	13
453	Swanley & Dist AC 'A'	3	Nick Varley	M	0:15:24	0:48:57	9
454	Swanley & Dist AC 'A'	4	Mike Baron	M	0:13:45	1:02:42	5
455	Swanley & Dist AC 'A'	5	Stuart Nicholson	M	0:14:11	1:16:53	6

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
471	Dartford Harriers 'C'	1	Ellie Denton		F	0:17:10	0:17:10	8
472	Dartford Harriers 'C'	2	Nick Wood		M	0:14:30	0:31:40	4
473	Dartford Harriers 'C'	3	Hayley Hickmott		F	0:18:40	0:50:20	11
474	Dartford Harriers 'C'	4	Philip Butler		M	0:15:26	1:05:46	11
475	Dartford Harriers 'C'	5	James Standing		M	0:13:36	1:19:22	7

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
411	Canterbury Harr 'A'	1	Emma Greatrix		F	0:16:55	0:16:55	7
412	Canterbury Harr 'A'	2	Rob Dowling		M	0:14:47	0:31:42	5
413	Canterbury Harr 'A'	3	Dan Rumble		M	0:15:26	0:47:08	5
414	Canterbury Harr 'A'	4	Tim Richardson-Perks		M	0:16:17	1:03:25	8
415	Canterbury Harr 'A'	5	Mark Cooper		M	0:16:00	1:19:25	8

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
371	Istead & Ifield (Inform.)	1	Simon Parrin		M	0:14:59	0:14:59	1
372	Istead & Ifield (Inform.)	2	Luke Hayes		M	0:17:15	0:32:14	8
373	Istead & Ifield (Inform.)	3	Jurgen Imshoot		M	0:15:53	0:48:07	8
374	Istead & Ifield (Inform.)	4	Simon Parrin		M	0:14:48	1:02:55	6
375	Istead & Ifield (Inform.)	5	Alison Bell		M	0:17:39	1:20:34	9

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
261	Bromley Vets 'A'	1	Claire McGavigon		F	0:17:39	0:17:39	15
262	Bromley Vets 'A'	2	Neil Ayrton		M	0:14:06	0:31:45	6
263	Bromley Vets 'A'	3	Chris Marshall		M	0:16:01	0:47:46	7
264	Bromley Vets 'A'	4	Mike Abousselam		M	0:16:40	1:04:26	9
265	Bromley Vets 'A'	5	Phil Greenfield		M	0:16:39	1:21:05	10

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
331	Larkfield AC	1	Nicola Susans		F	0:15:42	0:15:42	4
332	Larkfield AC	2	Steve Trice		M	0:16:51	0:32:33	9
333	Larkfield AC	3	Mark Weber		M	0:16:36	0:49:09	10
334	Larkfield AC	4	Mike Grace		M	0:16:23	1:05:32	10
335	Larkfield AC	5	Trevor Walker		M	0:15:45	1:21:17	11

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
421	Canterbury Harr 'B'	1	Barbara Wenman		F	0:17:17	0:17:17	9
422	Canterbury Harr 'B'	2	Mark Wenman		M	0:16:19	0:33:36	14
423	Canterbury Harr 'B'	3	Joe Hicks		M	0:17:40	0:51:16	12
424	Canterbury Harr 'B'	4	Russ Williams		M	0:17:10	1:08:26	13
425	Canterbury Harr 'B'	5	Rob Dowling		M	0:15:43	1:24:09	12

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
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281	Istead & Ifield H 'A'	1	Zoe	Harris	F	0:15:37	0:15:37	3
282	Istead & Ifield H 'A'	2	Alison	Bell	F	0:17:29	0:33:06	11
283	Istead & Ifield H 'A'	3	Barry	Bell	M	0:18:39	0:51:45	13
284	Istead & Ifield H 'A'	4	John	Gillis	M	0:17:07	1:08:52	15
285	Istead & Ifield H 'A'	5	Jurgen	Imshoot	M	0:15:35	1:24:27	13

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
431	Canterbury Harr 'C'	1	Sue	Coombes	F	0:17:33	0:17:33	13
432	Canterbury Harr 'C'	2	Martin	Coombes	M	0:17:14	0:34:47	16
433	Canterbury Harr 'C'	3	Andy	Farrant	M	0:17:13	0:52:00	15
434	Canterbury Harr 'C'	4	Steve	Reynolds	M	0:18:12	1:10:12	16
435	Canterbury Harr 'C'	5	Steve	Clark	M	0:16:38	1:26:50	14

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
291	New Eltham Jggrs	1	Eleanor	Vida	F	0:17:19	0:17:19	11
292	New Eltham Jggrs	2	John	Leach	M	0:17:26	0:34:45	15
293	New Eltham Jggrs	3	Steve	Barker	M	0:17:02	0:51:47	14
294	New Eltham Jggrs	4	Michael	Clark	M	0:16:54	1:08:41	14
295	New Eltham Jggrs	5	John	Kemp	M	0:18:19	1:27:00	15

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
491	Dartford Harriers 'D'	1	Lauren	Smith	F	0:18:16	0:18:16	18
492	Dartford Harriers 'D'	2	Paul	Munday	M	0:15:12	0:33:28	12
493	Dartford Harriers 'D'	3	Suzi	Wiltshire	F	0:18:43	0:52:11	16
494	Dartford Harriers 'D'	4	Daniel	Pyne	M	0:14:23	1:06:34	12
495	Dartford Harriers 'D'	5	Elaine	Murty	F	0:21:26	1:28:00	16

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
461	Swanley & Dist AC 'B'	1	Caroline	Burley	F	0:17:43	0:17:43	16
462	Swanley & Dist AC 'B'	2	Jason	Down	M	0:19:42	0:37:25	21
463	Swanley & Dist AC 'B'	3	Dave	Collier	M	0:17:41	0:55:06	20
464	Swanley & Dist AC 'B'	4	Paul	Foreman	M	0:17:00	1:12:06	18
465	Swanley & Dist AC 'B'	5	Peter	Godbee	M	0:18:18	1:30:24	17

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
341	Larkfield Plus	1	Liz	Bonell	F	0:18:08	0:18:08	17
342	Larkfield Plus	2	Ravi	Cautick	M	0:18:51	0:36:59	20
343	Larkfield Plus	3	Jane	Bright	F	0:21:11	0:58:10	22
344	Larkfield Plus	4	Dave	Dean	M	0:17:31	1:15:41	21
345	Larkfield Plus	5	Annabelle	Stearns	F	0:15:27	1:31:08	18

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
311	Bromley Vets 'B'	1	Linda	Gray	F	0:19:25	0:19:25	21
312	Bromley Vets 'B'	2	Jim	Peters	M	0:18:13	0:37:38	22

313	Bromley Vets 'B'	3	Greg	Morris	M	0:17:10	0:54:48	18
314	Bromley Vets 'B'	4	Peter	Ratcliffe	M	0:17:16	1:12:04	17
315	Bromley Vets 'B'	5	Patrick	Collins	M	0:19:32	1:31:36	19

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
441	Canterbury Harr 'D'	1	Wendy	Smith	F	0:18:43	0:18:43	20
442	Canterbury Harr 'D'	2	Marco	Keir	M	0:17:50	0:36:33	17
443	Canterbury Harr 'D'	3	Roy	Gooderson	M	0:17:54	0:54:27	17
444	Canterbury Harr 'D'	4	John	Hartley	M	0:21:10	1:15:37	20
445	Canterbury Harr 'D'	5	Dan	Rumble	M	0:16:11	1:31:48	20

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
391	Medway & Mdstn 'B'	1	Teresa	Carpenter	F	0:26:29	0:26:29	23
392	Medway & Mdstn 'B'	2	Doug	Milroy	M	0:18:45	0:39:13	23
393	Medway & Mdstn 'B'	3	Colin	Carpenter	M	0:20:13	0:59:26	23
394	Medway & Mdstn 'B'	4	Terry	Nice	M	0:17:33	1:16:59	22
395	Medway & Mdstn 'B'	5	Alan	Newman	M	0:17:13	1:34:12	21

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
401	Mixed	1	John	Raines	M	0:20:28	0:20:28	22
402	Mixed	2	Keith	Unitt	M	0:16:20	0:36:48	19
403	Mixed	3	Steve	Barker	M	0:18:05	0:54:53	19

Race No	Team	Order	Name		M/F	Lap time	Total time	Lap Pos
361	Sevenoaks AC (Inform)	1	Geoff	Kitchener	F	0:16:41	0:16:41	6
362	Sevenoaks AC (Inform)	2	Peter	Dillon	M	0:20:00	0:36:41	18
363	Sevenoaks AC (Inform)	3	????		M	0:20:09	0:56:50	21
364	Sevenoaks AC (Inform)	4	Rob	Carr	M	0:16:02	1:12:52	19